

**Bakersfield Dermatology & Skin Cancer
Medical Group
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WHAT TO EXPECT AFTER LIQUID NITROGEN TREATMENT

- After treatment with liquid nitrogen, wash the sites as you normally care for your skin.
- A blister may develop at the site of liquid nitrogen treatment. If the blister becomes large and uncomfortable, you may lance the blister with a sterile needle. Afterwards, you should apply topical ointment (Aquaphor) and a bandaid.
- It is normal for you to experience some pain and tenderness at the areas treated for up to several hours after treatment. It is also normal for swelling to occur particularly if you have liquid nitrogen treatment anywhere near your eyes or eyelids.
- If the area treated continues to be painful beyond 10 days or so of treatment or if the site treated becomes red, tender and inflamed, please call our office right away.
- Aquaphor is available at any drug store.